



DEPARTMENT OF THE AIR FORCE  
31ST FIGHTER WING (USAF)

MEMORANDUM FOR ALL PERSONNEL AND BENEFICIARIES

FROM: 31 MDG/PHEO

SUBJECT: Restriction of Movement (ROM) for Personnel and Beneficiaries at Home

1. For the welfare and health of our base population and our Italian partners, the following guidance is recommended to reduce exposure to and from Airmen and beneficiaries who are under ROM status at home. ROM can refer to a quarantine or isolation established by a medical provider's decision to restrict a symptomatic individual to their home. This letter establishes expectations for the unit and its members/families.
2. The Active Duty Member or Family Members:
  - a. Placed on ROM directly by the MDG will remain confined to their home until released by a provider. They cannot leave their household for work, groceries, etc. A member placed on ROM must socially distance themselves as much as possible from other household members. They cannot have anyone enter their residence other than those that reside in their household.
  - b. If a medical emergency arises, the member may call the MDG at DSN: 632-5000 or 112 after hours. For non-medical emergencies, the member may call their unit.
3. The Unit:
  - a. Is responsible for ensuring that their member or family understand that they cannot leave their home until they are released by a medical provider.
  - b. Must ensure that any member placed on ROM has adequate supplies of food and other necessities (i.e. prescription medication) to last until released.
  - c. Must maintain non-physical communication with the member throughout the period of ROM to ensure their well-being. If that is not possible, the unit representatives should abide by specific day/times they establish with the member to stop by their home, all the while practicing social distancing rules or as local establish standards recommend. (For example, knock on the member's door, and step back at least two meters when receiving verbal information from the member).
  - d. Be familiar with the 31 FW/CC instructions regarding ROM; reference the 31 FW ROM policy and provide this information to their member.
4. For questions or concerns regarding this policy letter, please contact the Public Health Office at DSN 632-3998 or email at [usaf.aviano.31-mdg.mbx.amds-public-health@mail.mil](mailto:usaf.aviano.31-mdg.mbx.amds-public-health@mail.mil).

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**“Return With Honor”**